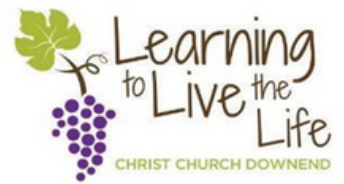


Prayer at Christ Church Downend



Praying together

We believe that prayer is the lifeblood of our community. Prayer is how we communicate with God, and how we hear him. It helps us **go deeper** in our relationship with the God who loves to be near his children. It deepens our relationship with each other, as we journey in prayer together. It helps us **go wider** in our mission as we catch God's vision for how life could be. It's a lifelong journey into a mystery we can never explain!

We hope to provide a variety of opportunities for prayer in different settings to suit all sorts of people.

Prayer times together

Mondays -Wednesdays 9.15-9.45 at Christ Church

Morning Prayer

Wed 7am -7.30am **Thy Kingdom Come Prayer Zoom** - ask for the link

Open Doors Prayer 3rd Tuesday of the month at 9.30am

We are led in prayer during our services by our intercession team

We pray together in our life groups.

We have a prayer chain for urgent prayer requests.

Our heads of ministry share prayer requests with groups and individuals who have committed to support them in prayer.

We have prayer triplets who meet regularly.

We take part in 24 hours of prayer and Weeks of 24 hour prayer.

We have a prayer ministry team who pray before and during services or by appointment.



Individual Prayer

In our Church library we have many resources to encourage and inspire you in your prayer journey.

We also have a folder of resources such as how to do the Prayer of Examen, Circle Prayers, Breath Prayer.

In 2024 we are exploring spiritual disciplines including prayer, as we form a Rhythm of Life that will help us to **go deeper** with God.

We run Quiet Days and Prayer Breakfasts.

Get in touch about any of these prayer opportunities, or to request prayer.

christchurchdownend.com

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